



PUASAR004B

Undertake Vertical Rescue

Scope

This course is designed for persons who could be required to undertake a rescue of persons working at height. The successful attendee will be competent to undertake rescue operations as part of an on-site emergency response team involving working at height.

Course Content

Day 1

Introduction
Regulations and legislative requirements
Definitions
Rescue considerations and roles and responsibilities
Notification of emergency services
Hazard assessment and control
Risk assessment
Ropes
Knots
Rappelling

Day 2

Review of day 1
Selection of anchors
Harness and associated equipment
Belay techniques

Day 3

Review day 2
Introduction to fall protective equipment
Belay techniques – from height and ground single person
Unconscious casualty treatment
Tripods, harnesses and insertion/recovery equipment

Day 4

Review day 3
High angle rescue
Use of litter and packaging requirements
Methods of brake

Day 5

Exercise First Response
Practical exercise for persons to conduct vertical rescues
Assessment

Course Logistics

Venue: PA Location or Onsite
Duration: 5 Days
Max No. 10 Persons

Order Codes

Group: 72000026
Public: 72000009